



Interest Inventory

Goal: Identify topics and issues of interest in the health sciences.

Figure out what you are passionate about!

All About You Notecard:

Fill out a notecard following the prompts below in order to identify information about your interests.

Name	
Career:	<i>You can list 2 or 3 if you have many interests. If you have no idea (totally normal!) just list a few things you are possibly interested in doing.</i>
Health Issues:	<i>Write down at least THREE health issues, diseases, conditions, problems, or challenges that you are interested in</i>
Other Issues:	<i>Write down at least TWO other non-health issues, problems, or challenges that you are interested in</i>
I could spend 5,000 hours...	<i>ONE thing you love doing</i>
I could read forever about...	<i>ONE topic you love reading about or studying</i>

All About You Notecard:

Read the Science Daily article: "Music, not gadgets, related to teenagers' headaches." (Google search the title to find online!) Then answer the questions below.

1. You are a graduate student working on your Ph.D. in neuroscience and you are trying to get a \$100,000 grant from the NIH to study risk factors for headaches among teenagers. List two compelling reasons why this research deserves to be funded.

2. You choose to study headaches for your Capstone project. Name at least four other factors that might be linked to headaches that you might explore that were not mentioned in this article.

3. What did researchers conclude? What was their evidence?

Brainstorm:

In the next few weeks you will create a realistic narrative depicting the physical, mental, and social health factors in a patient with a particular health problem. To begin, you must identify the disease, condition, or health issue your patient will face. Brainstorm possibilities in the box below.

