

Sex, Gender, & Sexuality

Obj. 4.1: Distinguish between the terms sex, gender, and sexuality.



What type of sexual health education have you had in the past? Was it informative? Why/why not? When did it occur? What would you have changed or improved about it?

DISCUSS

Norms are group-held beliefs about how members should behave in a given context. What norms do you think the class should maintain through the sexual health unit? (List your ideas in the lefthand column below)

Your Suggested Norms	Our Final Norms

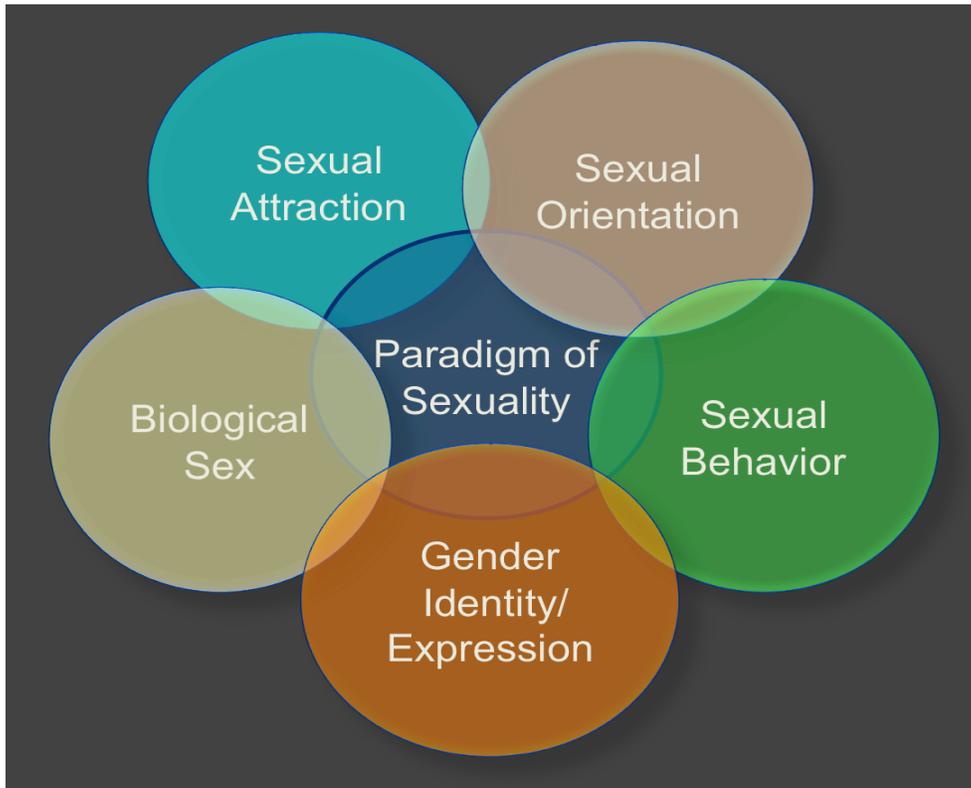


The terms below are important to distinguish. Often people use and interpret them incorrectly, leading to some confusion and misperceptions. Write the definitions of each in the table below:

Term	Definition
Sex	
Gender	
Sexuality	



Examine the Paradigm of Sexuality and take notes in the table below.



Paradigm of Sexuality	Description
Sexual Attraction	
Sexual Orientation	L: G: B: T: Q: Q: I: A:
Sexual Behavior	Kissing: Touching/Masturbation: Sexual rubbing with clothes on: Genital-to-genital contact: Vaginal sex: Oral sex: Anal sex:

Paradigm of Sexuality	Description
Gender Identity/Expression	
Biological Sex	



Using pencil, fill in the table below with the sexual behaviors that you think would fit in each category:

Behaviors that can... Cause a pregnancy	Behaviors that can... Transmit a Sexually Transmitted Infection (STI)

DISCUSS

With a partner, discuss the following questions:

1. Do you think most adolescents have an accurate understanding of the two lists above (behaviors that can cause pregnancy or STIs?). If not, what do you think the most common misconceptions are?
2. For teens who do have an accurate understanding of what behaviors can cause pregnancy or STIs, what are some of the other reasons they may still end up making risky decisions that involve these sexual behaviors?



In your own words, explain the difference between gender, sex, and sexuality (without referring back to your notes).



Complete the following table and answer the questions below.

Possible Risks/Effects of Sexual Intimacy		
Physical Effects	Mental Effects	Social Effects

1. Which of the effects (mental, physical, social) of engagement in sexual activity would you consider to be most lasting? Why?
2. When should a person decide to become sexually active? What factors should he/she consider?
3. How does the media influence teens' choices regarding sex?