

Being Extraordinary

Goal: Identify the mindsets of someone who lives to be extraordinary.

With the right mindset, you can do extraordinary things.

Reflect:

1. Think of one time you felt you did something that was **extraordinary**. Describe that time.
2. Think of a time you saw someone else do something that was **extraordinary**. Describe it.
3. What do you think the word Capstone means?

Watch:

“Anonymous Extraordinaries” a TED Talk by Natalie Warne
<http://www.youtube.com/watch?v=FszSc7Fb8ss>



Think:

1. Why was Natalie Werne's work extraordinary?
2. What challenges did Natalie have to overcome?
3. As you watched this talk, how did it relate to your life right now?
4. Read the following list of ideas of possible ingredients necessary for being extraordinary. Then add your own ideas!

Being extraordinary requires:

- Seizing opportunities
- Having the courage to take a stand
- Hard work
- Relentless determination
- _____
- _____
- _____
- _____

Write Your Mission Statement:

Read the following examples, then craft your own mission statement. Think about incorporating what being extraordinary means to you.

Example 1: "If I had my life to live over," written by Erma Bombeck near the end of her life, details the values Bombeck wished had guided her daily decisions. If you were nearing the end of your life and you were writing this, what would you include? Use those ideas to craft your mission statement.

If I had my life to live over, I would have talked less and listened more. I would have invited friends over to dinner even if the carpet was stained and the sofa faded. I would have eaten the popcorn in the 'good' living room and worried much less about the dirt when someone wanted to light a fire in the fireplace. I would have taken the time to listen to my grandfather ramble about his youth. I would never have insisted the car windows be rolled up on a summer day because my hair had just been teased and sprayed. I would have burned the pink candle sculpted like a rose before it melted in storage. I would have sat on the lawn with my children and not worried about grass stains. I would have cried and laughed less while watching television - and more while watching life. I would have shared more of the responsibility carried by my husband. I would have gone to

bed when I was sick instead of pretending the earth would go into a holding pattern if I weren't there for the day. I would never have bought anything just because it was practical, wouldn't show soil or was guaranteed to last a lifetime. Instead of wishing away nine months of pregnancy, I'd have cherished every moment and realized that the wonderment growing inside me was the only chance in life to assist God in a miracle. When my kids kissed me impetuously, I would never have said, "Later. Now go get washed up for dinner." There would have been more "I love you's".. More "I'm sorrys" ... But mostly, given another shot at life, I would seize every minute... look at it and really see it ... live it...and never give it back.

~ Erma Bombeck

Example 2: Mahatma Gandhi's mission is captured in a short list of active statements. You can craft your mission in this style, starting each sentence with "I shall" or "I will."

Let the first act of every morning be to make the following resolve for the day:

- I shall not fear anyone on Earth.
- I shall fear only God.
- I shall not bear ill will toward anyone.
- I shall not submit to injustice from anyone.
- I shall conquer untruth by truth.
- And in resisting untruth, I shall put up with all suffering.

~Mahatma Gandhi

My Mission Statement: