



# Background Research (Health Issues)

Goal: Conduct basic research on your health issue to gain a foundation of understanding.

*We have vast amounts of information at our fingertips to understand health and disease.*

## Background Research Guide:

Use this guide if you are focused on a health issue that isn't specific to one disease or condition. For example, if you are focusing on health policy, health education, or the role of poverty or poor air quality in overall health. Take notes as you research the issue. Be sure to stick with credible sources (e.g., CDC, WHO, NIH, MedLine, Google Scholar, academic institutions, organizations focused on specific diseases) and track the sources you use!

**TOPIC (Health Issue):** \_\_\_\_\_

Category	Information
Overview or Description	
Problems / Impact	
Risk Factors / Causes	
History of Issue	

Category	Information
Predictions About Issue in Future	
Associated Issues	
Possible Solutions / Interventions	
Current Research	
Other Information / Miscellaneous	
References/Sources	