

Hunger & Malnutrition

Obj. 13.4: Identify risk factors and effects of hunger and malnutrition.



Reflect on Hunger

Consider the questions below and spend 3 minutes in a free-write on the topic of this lesson.

What does it mean to be hungry? As an American, is our definition different than that of others in countries with lower standards of living? Within the U.S. does this issue vary widely? What experience, if any, have you had thinking about or dealing with this issue on a personal, community, national, or global level? What questions do you have?

FREE-WRITE:

DISCUSS

Share your Reflections

With a partner, take turns sharing your reflections, thoughts, background knowledge, and questions about the topic of hunger and malnutrition.



Hunger & Malnutrition

Visit the World Food Programme website (www.wfp.org/hunger) to find answers to each of the following questions. Summarize the information concisely rather than copying long passages.

What is hunger?

What is malnutrition?

Who are the hungry & malnourished?

What are the causes of hunger & malnutrition?

How can hunger & malnutrition be prevented?



Hunger & Thirst

How is the problem of hunger & malnutrition similar & different from the problem of safe and clean drinking water & sanitation?



What can you do?

Propose one realistic intervention or action you could take to **help reduce the problem of hunger & malnutrition**. Describe your idea in the space below. You may write freeform or use any kind of organizational tool (bullets, concept mapping, etc.)