

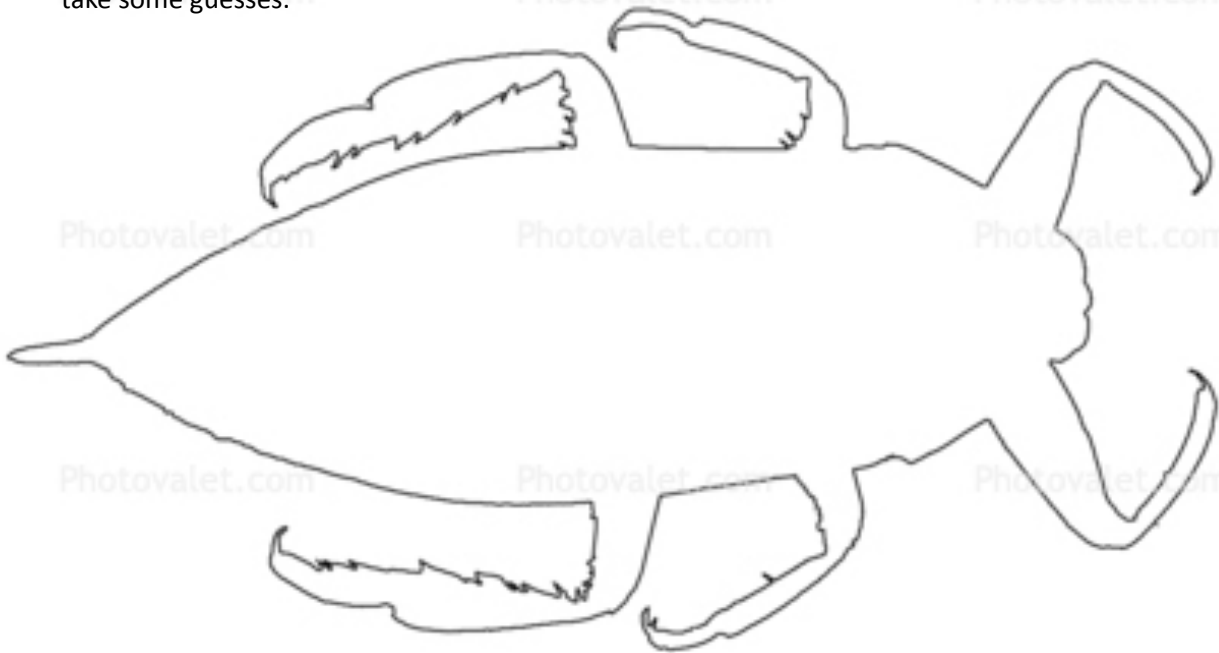
# Parasitic Infections

Obj. 13.2: Identify the types and characteristics of common parasitic infections.



## Dreaded Parasites

A parasite is an organism that lives on or in a host organism and gets its food from or at the expense of its host. Have you ever had a parasitic infection? (You don't have to answer or give details!) In the bug below, list as many parasitic infections as you can think of. If you aren't sure, take some guesses.



DISCUSS

## The Geography of Parasitic Disease

Why do you think certain countries experience a greater burden of parasitic infections than others? Discuss and list as many reasons as you can hypothesize in the space below.



## What are Parasitic Infections?

Read the following overview of parasitic infections from the CDC:

A parasite is an organism that lives on or in a host and gets its food from or at the expense of its host. Parasites can cause disease in humans. Some parasitic diseases are easily treated and some are not. The burden of these diseases often rests on communities in the tropics and subtropics, but parasitic infections also affect people in developed countries. There are three main classes of parasites that can cause disease in humans: protozoa, helminths, and ectoparasites.

- **Protozoa** are microscopic, one-celled organisms that can be free-living or parasitic in nature. They are able to multiply in humans, which contributes to their survival and also permits serious infections to develop from just a single organism.
- **Helminths** are large, multicellular organisms that are generally visible to the naked eye in their adult stages. Like protozoa, helminths can be either free-living or parasitic in nature. In their adult form, helminths cannot multiply in humans.
- **Ectoparasites** can broadly include blood-sucking arthropods such as mosquitoes (because they are dependent on a blood meal from a human host for their survival), but this term is generally used more narrowly to refer to organisms such as ticks, fleas, lice, and mites that attach or burrow into the skin and remain there for relatively long periods of time (e.g., weeks to months).

### Parasitic Infections

Parasitic infections cause a tremendous burden of disease in both the tropics and subtropics as well as in more temperate climates. Of all parasitic diseases, malaria causes the most deaths globally. Malaria kills approximately 660,000 people each year, most of them young children in sub-Saharan Africa.

The Neglected Tropical Diseases (NTDs), which have suffered from a lack of attention by the public health community, include parasitic diseases such as lymphatic filariasis, onchocerciasis, and Guinea worm disease. The NTDs affect more than 1 billion people—one-sixth of the world's population—largely in rural areas of low-income countries. These diseases extract a large toll on endemic populations, including lost ability to attend school or work, retardation of growth in children, impairment of cognitive skills and development in young children, and the serious economic burden placed on entire countries.

However, parasitic infections also affect persons living in developed countries, including the US.

Source: CDC <<http://www.cdc.gov/globalhealth/ntd/>>



### Know Your Bugs

In the table on the following page, identify the basic facts below about each parasitic infection, all of which are NTDs besides malaria. Use the [www.CDC.gov](http://www.CDC.gov) and any other credible health information sites to find your information.

**Acquired:** How do humans commonly come in contact with and acquire the parasitic infection?

**Transmitted:** How is the parasitic infection passed on from one human to another? Are there intermediary hosts or environments involved?

**Life Cycle:** How does the parasite grow and reproduce? How long does it survive in each phase of its life cycle and where does it live in these stages?

**Epidemiology:** Where is the parasitic infection clustered geographically? What is common among those most likely to acquire it? Why is it more easily spread in these conditions?

**Other:** What other important or interesting information did you learn about this parasite?

Malaria and Neglected Tropical Diseases (NTDs):

	Malaria	Lymphatic filariasis	Onchocerciasis	Schistosomiasis	Guinea worm disease
Acquired					
Transmitted					
Life Cycle					
Epidemiology					
Other					



## Neglected Parasitic Infections (NPIs) in the U.S.

The CDC has identified five NPIs in the U.S. that have been targeted for action based on the number of people infected, severity of the disease, and ability to prevent and treat the disease. Select one of the five diseases below and visit the CDC website (<http://www.cdc.gov/parasites/npi/index.html>) and other credible sources to learn more. Then design a billboard PSA informing the public about the NPI.

1. Chagas disease
2. Cysticercosis
3. Toxocariasis
4. Toxoplasmosis
5. Trichomoniasis

BILLBOARD PSA for \_\_\_\_\_.