

Case Study

Goal: Create a patient narrative depicting the physical, mental, & social health factors in a disease experience.

To understand complex health problems, we must examine how they affect individuals' lives.

Step 1: Create Your Patient

To create story about your patient, you must create a profile of him or her.

Age:

Gender:

Ethnicity:

Occupation:

Income:

Location:

Education:

Living situation:

Health literacy level:

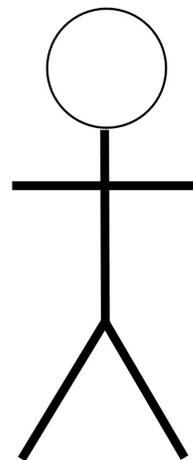
Drug/Alcohol use:

Past medical history:

Medications:

Disabilities:

Other factors...



Step 2: 5 W's To identify the health situation your patient is facing, consider the 5 Ws & How!

WHO?	Who is involved? (Family, friends, etc.) Who is the health care provider?
WHAT?	What is happening? What is the past history of this issue?
WHEN?	When did it begin? When did the patient seek help?
WHERE?	Where is the patient? Where did it happen? Where is she/he seeking help? (Setting)
WHY?	Why is the patient seeking help? Why is he/she in danger?
HOW?	How is the patient communicating? How does the visit/episode go?

Your Turn!

WHO?	
WHAT?	
WHEN?	
WHERE?	
WHY?	
HOW?	

Step 3: Subjective

What information does the health provider gather? (SAMPLE & FARCOLDER questions)

Fill in your Subjective section of the SOAP note! (Located at end of document!)

Step 4: Objective What data does the health provider gather? (Vitals, Physical exam, Tests, Labs, etc.)

Fill in your Objective section of the SOAP note!

Step 5: Assessment

Part 1: SUMMARY Write 1-2 sentences describing who your patient is and the health situation they are in.

Part 2: FINAL DIAGNOSIS Remember, you are working backwards to create this case, so you should know the final diagnosis already. What health condition or disease is your patient experiencing?

Final Diagnosis:

Explanation:

Part 3: DIFFERENTIAL DIAGNOSIS What other health conditions or diseases could the patient be experiencing? If your patient has already been diagnosed, what other complications or additional health issues might he/she be experiencing? Define each one.

Disease/Health Issues #1:

Explanation:

Disease/Health Issues #2:

Explanation:

Disease/Health Issues #3:

Explanation:

Step 5: Plan

Consider your patients' short and long-term mental, social, and physical health:

What are your recommendations for your patient?

	Short Term	Long Term
Physical		
Mental		
Social		

Step 6: Introducing Your Patient

Writing the Introduction Narrative:

Step 1: Gather your information.

Step 2: Type out your introduction! (Shoot for 1-3 paragraphs)

Step 3: Get a peer review. Ask your peer to give you 3 pieces of information that seem missing or unclear.

PEER: _____

- _____
- _____
- _____

Step 7: Creating the Script (between patient & health care provider)

Writing the Script:

Step 1: Gather your information (what portion of the patient interview do you want to focus on)

Step 2: Type out your script! (Shoot for 10-20 lines of dialogue.)

Step 3: Get a peer review. Ask your peer to give you 3 pieces of information that seem missing or unclear.

PEER: _____

- _____
- _____
- _____

SOAP Note

Subjective:

Signs & Symptoms	
Allergies	
Medications	
Past medical history	
Last oral intake	
Events leading to injury or illness	
Frequency	
Associated Symptoms	
Radiation	
Character	
Onset	
Location	
Duration	
Exacerbating Factors	
Relieving Factors	

Objective:

Measurements	
Vital Signs	
Exam Results	
Lab Results	

Assessment:	
Summary	
Differential Diagnoses	
Final Diagnosis	<p><i>Claim (Diagnosis):</i></p> <p><i>Evidence:</i></p> <p><i>Reasoning:</i></p>
Plan:	
<p>Steps of Plan</p> <p><i>(Consider mental, social and physical health; short- and long-term needs, and follow-up care required)</i></p>	