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| **S**ubjective | **O**bjective |
| **SAMPLE** history**S**igns & Symptoms**A**llergies**M**edications**P**ast History (Social, Family)**L**ast oral intake**E**vents leading to injury/illness | **Symptom Assessment** (often for pain)**F**requency**A**ssociated symptoms**R**adiation**C**haracter**L**ocation**D**uration**E**xacerbating factors**R**elieving factors | * Measurements (ex: age and weight)
* Vital signs (ex: heart rate, blood pressure, respiratory rate, temperature)
* Physical exam results (ex: bruising)
* Results from labs (ex: X-ray, MRI, blood analysis)
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| **Assessment:** |
| **Summary** **Differential Diagnosis List****Diagnostic Tests****Final Diagnosis** *Explanation:* *Evidence:* |
| **Plan:** |
| Short-term:Long term: Mental health Social health Physical health |
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